



Mid-America Orthopedics

Dr. John Babb

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RADIAL HEAD REPLACEMENT (LCL INCOMPETENT)

Day 1-6 Weeks Post-op

PRECAUTIONS

- No ointments, betadine etc should be used on the incisions or portals.
- If any drainage/oozing is present recover with 4x4's, and notify Dr. Babb (may need antibiotics).
- **NO ice bags** on any oozing or open wounds without being covered first with a bandage.
- If any wounds are oozing delay range of motion until wounds are closed and healed.
- **NO water on wounds** for 2 weeks (including showers) even if covered, no submersion of wounds in water (baths) until wounds are scars.
- **Brace:** Splint locked at 90 degrees flexion with arm in pronation
- **NO PROM for 6 weeks to avoid heterotopic ossification**
- **AROM**
 - Elbow flexion & extension performed with forearm pronated
 - **Avoid extension in supination for 6 weeks**
 - Pronation & supination performed with elbow in flexion

6 - 8 Weeks Post-op

- **Strengthening:** begins