



Mid-America  
**Orthopedics**

life in *forward* motion.<sup>sm</sup>

## Occupational Therapist/Certified Hand Therapist

Brenda Fink works with our rehab team at Mid-America Orthopedics in partnership with our team at The Hand Center at Mid-America Orthopedics. She offers functional rehabilitation for a multitude of diagnoses related to home or work injuries, cumulative trauma disorders and/or surgeries. She is dedicated to helping her patients, through treatment and education, regain their independence in order to return to their prior level of function for work, home and leisure activities. Diagnoses and services include but are not limited to:

- Repetitive Strain Injuries (Carpal Tunnel Syndrome, Trigger Fingers, DeQuervain's, Lateral and Medial Epicondylitis)
- Trauma/Post Op
- Fractures
- General pain in UE, Wrist or Hand
- Finger Pain/Injuries
- Orthotics for Swan Neck
- Deformities
- Boutonniere Deformities, Including Serial Casting
- Arthritis-Joint Protection Education
- Arthritis-Orthotics for Thumb CMCJ, Painful Joints, Ulnar Drifting MPJ's
- FM Coordination Activities
- Kinesio Taping Method
- ASTYM
- Manual Therapy including Joint Mobilization and Scar Remodeling/Desensitization

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